

Olympic College Activities Board (OCAB)

Quarterly Newsletter

Volume 1 | Issue 2



Winter Quarter 2022

Student-Focused Activities

This past Winter Quarter OCAB provided student-focused activities and programming that enhanced students experience in building community, in-person engagement, and healthy alternative to the Covid lockdown. The pandemic had put a pause on programming, but OCAB members, Cassie Pastori and Maya Hill, were able to organize and execute events. One of those events was an **Ice Skating** event held at the *Bremerton Ice Center*.



From left to right: Grace Yeoman, Cassie Pastori, Katrina Dunn, Teresa Sheets, Kayla Scott, Maya Hill, Elizabeth Heberlein, and Daniel Martin.

March 1st “**Learning the Accomplishments of Black women in STEM**” students were given a “How To Make Rock Candy” packet (see Figure 1). Do you want to make your own **Rock Candy**? Contact OCAB for this recipe at ocab@olympic.edu.

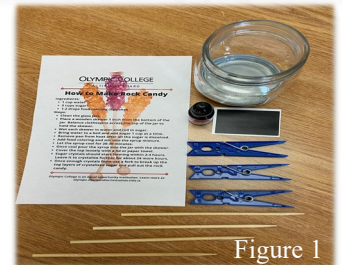


Figure 1

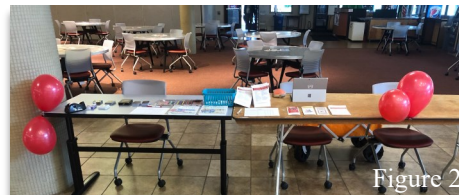


Figure 2

National Snack Day. OCAB shared healthy snacks and offered resource information (see Fig. 2).

Random Acts of Kindness. spreading awareness and kindness throughout the campus during the Pandemic (see Fig. 3).



Figure 3



Above left: Maya, Katrina, and Teresa on the ice. Cassie getting her ice skates ready. **Below left:** Elizabeth and Daniel enjoying the skate around. Daniel giving the event two thumbs up.

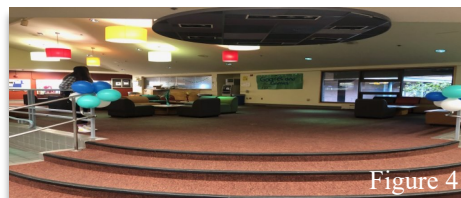


Figure 4

Goodies and Games. A great combination to destress from mid-terms and finals. (see Fig. 4).

The Activities Board consists of activity coordinators for Bremerton, Poulsbo, and Shelton campuses with a focus on Entertainment and Traditions, Wellness, and Social Issues and Diversity. We encourage you to get involved. For more information about Olympic College’s Activity Board visit <https://www.olympic.edu/student-life/olympic-college-activities-board>

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Bremer Student Center Bldg 10



Student-Focused Activities

Calling all OC students to the **Rock Climbing** event March 8, 2022 at the *Insight Climbing and Movement* facility. The event was organized and executed by OCAB members, Cassie Pastori, Sofia Cabral, and Mercedes Diaz. One student was quoted as saying, "A scary yet exhilarating experience. Rock Climbing isn't as easy as it looks. My fingers and arms were feeling it." Next time join the fun, this could be you.



Pictured Above: *Alexa Bendorf and Lexi Andaya* contemplates a Wall then tackled another (center).

Pictured Below: *Alexa* starts a successful climb up another Wall.



As we move into *Spring Quarter* with more in-person activities, please be on the lookout and keep an eye open for future events from **OCAB**. These events build community, enhance and increase student's on-campus engagement opportunities.



Pictured Above and Below: *Cassie Pastori* successfully ascended this portion of the Wall (above) and then attempts to scale these pockets (below).



Check out what's happening spring quarter by visiting our website. If you have any thoughts or ideas of what you would like to see, then stop by and share that with us! <https://www.olympic.edu/student-life/olympic-college-activities-board>.